

BOARD OF DIRECTORS

CANDIDATE PACK

About Community Wellness

Community Wellness was established as a Community Interest Company (CIC) incorporated 29 June 2021, (Company Number 13483806). Community Wellness is a social business that works for community benefit and not for private profit. We have developed a radical new model that blends an innovative, integrated, person-centred approach to community wellness, which aims to transform the traditional service-led model of care in Wales.

At Community Wellness we know that there is a growing body of evidence that all human distress and chronic illness both mental and physical, are a consequence of how we live – the conditions and the environments we are exposed to, the impact of our life experiences and the subsequent choices we make.

We also know that those who experience the greatest disadvantage and exclusion, often experience the poorest health outcomes and are more vulnerable. They are often missed in mainstream participation activities; so, our work focusses on some of the marginalised groups within our communities, often referred to as “difficult to reach groups”.

Our Community Wellness programmes are designed to support individuals and communities with the most need so that every person, regardless of their circumstances, have access to the conditions and resources they require to live well, heal, and thrive. At Community Wellness we work with individuals to help support them to have the capability, independence, skills and confidence to live and work within their community setting.



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The Role of Board Members

Board members are non-executives and receive no remuneration for their time commitment but can claim appropriate expenses for travel for meetings.

Our Board members have an important role to play as representatives and advocates of the Community Interest Company with key responsibility for directing the affairs of the Community Interest Company, for making sure it is solvent, sustainable, well run, and delivering the outcomes for which it was established.

Specifically, the Board Members:

- Approve the overall strategic direction of the organization, setting policy, targets, defining objectives, and evaluation of performance.
- Ensures that regulatory requirements are properly adhered to.
- Are active in supporting the work of the organization.
- Takes responsibility for the financial stability of the organization, efficient administration, and its future sustainability through careful attention to budgeting and resource matters.



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Description of Skills and Attributes:

We have a good gender balance within our current Board composition, and we are looking for candidates from a diverse range of backgrounds with skills and abilities to complement those of existing Trustees and to be able to contribute to the Board as it looks forward to a future of continuing change, ambition, and development.

We are looking for Board members who can empathise and contribute to our local and national profile and whose experience can support the organisation in continuing to develop its business model.

All Board members should be able to demonstrate the following:

- Strong empathy and enthusiasm for Community Wellness and a commitment to its vision and values.
- The ability to bring new networks of engagement to the organization to expand its profile locally and nationally.
- A good understanding of the principles of corporate governance.
- Integrity, relevant experience, and the ability to contribute effectively as a Board member.



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Time Commitment and Term of Office

The time commitment for Board members is estimated to be approximately 6 days per annum but the ability to make more time available for the informal parts of the role will be welcome from potential applicants. Meetings are currently held bimonthly via zoom/face2face.

How to Apply

To register your interest in a Board Member vacancy with Community Wellness please submit:

- A copy of your CV or biographical details.
- A brief statement of interest indicating why you are interested in the Board Member appointment with Community Wellness and what you are able to bring to the organisation.

We can only receive applications electronically.

Please email applications to hello@community-wellness.co.uk

Applications need to arrive by close of business on 21st July 2023, the closing date for applications.

